



# 7 Favorite Kitchen Cleaning Essential Oil Recipes

## HOMEMADE DISHWASHER DETERGENT TAB

<http://www.recipeswithessentialoils.com/homemade-dishwasher-detergent-tabs/>

Yield - 16 servings

Preparation Time - 5 minutes plus drying time

### Ingredients

- 1 1/4 cups [Arm & Hammer Super Washing Soda](#)
- 3 tablespoons salt
- 45 drops citrus fresh essential oil
- 1/2 cup water

### Directions

1. Combine all ingredients in a glass bowl. Stir with a stainless steel spoon.
2. Add mixture to the [square silicone mold](#). Allow to dry completely. I set mine out in the warm garage for 48 hours to make sure it's completely dry.
3. Store in air tight container away from direct sunlight.

### To use:

- Place 1 detergent tab in your machine's detergent dispenser.
- Add 1/2 cup vinegar into the rinsing agent area before starting. This will help with the final rinse to keep residue from building up on your glasses. You probably won't have to fill this every time. I check to make sure my rinsing agent compartment is full about once a week.

### Helpful Tips:

Some people find that adding another tablespoon of salt into the bottom of their dishwasher really helps with the pre-rinse process. Your water might be harder or softer than mine and this can help with hard water tremendously.

If you have residue on your dishes, you might try adding a teaspoon of [citric acid](#) into the detergent compartment with each load. I don't think I'd advise adding it to the tab recipe, because it will be very messy when it reacts with the water.

## DISHWASHER POWDER DETERGENT

<http://www.recipeswithessentialoils.com/dishwasher-powder-detergent/>

Yield - 1 pint, 32 uses

Preparation Time - 2 minutes

### Ingredients

- 1 2/3 cups [Arm and Hammer Super Washing Soda](#)
- 1/3 cup salt
- 32 drops Lemon Essential Oil
- 1 pint jar

### Directions

1. In a small bowl, combine all ingredients.
2. Stir to combine.
3. Store in jar in a dark, cool place to preserve essential oil potency.

**To use:** Add 1 tablespoon to dishwasher. Add 1/2 cup vinegar into the rinsing agent area before starting. Run as normal.

### Helpful Tip:

If you find that you have a film or coating on your dishes after a wash, then try substituting 1/3 cup of the Washing Soda with [Citric Acid](#).



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## LIQUID DISH SOAP

<http://www.recipeswithessentialoils.com/homemade-liquid-dish-soap/>

Yield - 15 ounces  
Preparation Time - 2 minutes

### Ingredients

- 13 ounces water
- 2 ounces [Dr. Bronner's Organic Sal Suds Liquid Cleaner](#)
- 6 drops Lemon Essential Oil
- 3 drops Basil Essential Oil
- [pint jar](#)
- [pump dispenser](#)

### Directions

1. In the jar, add the water and essential oil. Then add the soap.
2. Place the pump assembly on the jar and screw down tightly.
3. Shake gently to stir.

**To use:** Add a few drops to your dish water. A few pumps is enough for an entire sink full.

### Other oily combos:

- 10 drops Lavender Essential Oil
- 5 drops Peace and Calming Essential Oil + 4 drops Roman Chamomile Essential Oil
- 5 drops Lemongrass Essential Oil + 4 drops Tea Tree Essential Oil



## OVEN CLEANER

<http://www.recipeswithessentialoils.com/natural-oven-cleaner/>

Yield 2 ounces  
Preparation Time - 2 minutes

### Ingredients

- 3/4 cup baking soda
- 15 drops Orange Essential Oil
- 15 drops Pine Essential Oil
- 10 drops Tea Tree Essential Oil
- 3 – 5 tablespoons water

### Directions

1. Make sure that your oven is completely cool before beginning.
2. In a small bowl, add baking soda and essential oils.
3. Stir in 3 tablespoons of water. Stir until well mixed and a thick paste is formed. If there is any baking soda still dry and clumpy, you can add a few more teaspoons of water at a time while stirring.
4. Use a damp sponge or cloth to apply the paste over the oven area. Let this sit for 5 minutes.
5. Using the same sponge, gently scrub the paste in a circular motion. You'll probably want to rinse your cloth often to get rid of any residue or baked on grease as it comes off.
6. When all the baked on dirt is out, use a clean, damp cloth to do a final wipe removing any paste from corners and edges where it might have gotten trapped.

This amount in the recipe was enough to clean my entire oven. You can always make another batch if you need a little more.



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## ALL NATURAL CLEANING SPRAY

<http://www.recipeswithessentialoils.com/diy-natural-cleaning-spray/>

Yield - 16 oz. glass  
Preparation Time - 2 minutes

### Ingredients

- [Dark glass spray bottle](#)
- 1 part distilled white vinegar
- 1 part water
- 10 to 15 drops Citrus Fresh essential oil per cup of cleaning spray

### Directions

1. Carefully add the vinegar and water to the spray bottle.
2. Drop 10 to 15 drops of essential oils for each cup of cleaning solution.
3. Spray on counters and kitchen appliances. Wipe off with a clean cloth.

**Alternative essential oils to use in your cleaner:** Tea Tree essential oil, Purification essential oil, Pine essential oil, or one of the three varieties of Eucalyptus essential oil.

**Notes:** Not recommended for granite counter tops.



## DIY KITCHEN CLEANING WIPES

<http://www.recipeswithessentialoils.com/homemade-kitchen-cleaning-wipes/>

Yield - 20 sheets  
Preparation Time - 2 minutes

### Ingredients

- 3/4 cup distilled water
- 1/4 cup white vinegar\*
- 1/2 teaspoon [Dr. Bronner's Organic Sal Suds Liquid Cleaner](#)
- 10 drops Lemon essential oil
- 10 drops Tea Tree essential oil
- 10 drops Eucalyptus Radiata essential oil
- 20 – 2 or 3-ply paper napkins (like these [dinner napkins](#))
- [Glass canister with lid](#)

### Directions

1. Combine all ingredients, except the napkins, in the canister. Stir to combine.
2. Add the paper napkins.
3. Replace the lid and swirl to soak the napkins.
4. Store in a cool, dark place.

### To use:

- Pull out one wipe at a time and replace the lid.
- Wipe counters clean and throw away.
- These wipes should last about 3-4 weeks when stored as directed above.

**Warning for Granite Counter Tops:** Omit the vinegar if you have granite counter tops as vinegar is not recommended. You can substitute isopropyl alcohol instead or add more water.



# 7 Favorite Kitchen Cleaning Essential Oil Recipes

## HOMEMADE TILE FLOOR CLEANER

<http://www.recipeswithessentialoils.com/homemade-tile-floor-cleaner-recipe/>

*Yield - Floor for your entire home*

*Preparation Time - 2 minutes*

### Ingredients

- 1 1/2 gallons hot water
- 1 teaspoon [Dr. Bronner's Organic Sal Suds Liquid Cleaner](#)
- 1 cup white vinegar
- 20 drops Lemon Essential Oil
- 10 drops Rosemary Essential Oil

### Directions

1. Put the water into your mop bucket.
2. Add in the remaining ingredients. Use mop to combine ingredients.
3. Mop your tile floor as normal.
4. No rinsing necessary.

## Other Oily Combos:

### Liquid Sunshine

- 10 drops Tangerine Essential Oil
- 10 drops Lime Essential Oil
- 10 drops Lemon Essential Oil

### Calm and Clean

- 20 drops Lavender Essential Oil
- 10 drops Roman Chamomile Essential Oil

### Brisk and Fresh

- 10 drops Tea Tree Essential Oil
- 10 drops Lemongrass Essential Oil
- 10 drops Eucalyptus Radiata

### Sweet Garden

- 10 drops Geranium Essential Oil
- 10 drops Bergamot Essential Oil
- 2 drops Jasmine Essential Oil

### Sunny Outdoors

- 10 drops Pine Essential Oil
- 10 drops Lemon Essential Oil
- 10 drops Marjoram Essential Oil

## TOP ESSENTIAL OIL PICKS FOR CLEANING YOUR KITCHEN

### Spicy

- Thieves
- Cinnamon Bark
- Clove

### Minty

- Tea Tree
- Peppermint
- Spearmint

### Medicinal or Camphorous

- Thyme
- R.C.

### Citrus

- Lemon Myrtle
- Lemongrass
- Lemon

### Herb/Evergreen

- Basil
- Cypress